

## **SCHOOL LUNCH MENU: SPRING 2022 - FIRST HALF TERM**

<b>WEEKS 1 &amp; 4</b>		<b>w/c 3rd January &amp; w/c 24th January NOTE: 3rd January BANK HOLIDAY; 4th January INSET DAY</b>				
<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Main meal (pink band)</b>	Beef lasagne with garlic bread	Pork sausages with mashed potato and beans	Chicken hotpot with sliced potato topping	Margherita pizza with potato wedges	Fish cakes with new potatoes and beans	
<b>Meat-free meal (green band)</b>	Veggie lasagne with garlic bread	Veggie sausages with mashed potato and beans	Quorn hotpot with sliced potato topping	Margherita pizza with potato wedges	Quorn frankfurter in a bun	
<b>Pasta pot (orange band)</b>	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	
<b>Jacket potato (blue band)</b>	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	
<b>Dessert</b>	Vanilla sponge with chocolate custard	Lemon drizzle cake	Fruit pie with cream	Chocolate chip muffins	Vanilla ice cream	

<b>WEEKS 2 &amp; 5</b>		<b>w/c 10th January &amp; w/c 31st January</b>				
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Main meal (pink band)</b>	Mild chilli con carne (beef) with rice & tacos	Chicken pie with mashed potato & vegetables	Macaroni cheese with pork lardons	Roast chicken with roast potatoes, vegetables & gravy	Fish fingers with potato wedges & spaghetti hoops	
<b>Meat-free meal (green band)</b>	Veggie chilli con carne with rice & tacos	Cheese & onion slice with mashed potato & vegetables	Macaroni cheese	Veggie roast with roast potatoes, vegetables & gravy	Veggie burger with potato wedges & spaghetti hoops	
<b>Pasta pot (orange band)</b>	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	
<b>Jacket potato (blue band)</b>	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	
<b>Dessert</b>	Apricot cookies	Fruit jelly	Cherry sponge cake	Chocolate brownie	Pancakes & strawberries	

<b>WEEK 3 &amp; 6</b>		<b>w/c 17th January &amp; w/c 7th February</b>				
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Main meal (pink band)</b>	Spaghetti with beef bolognese & garlic bread	Chicken korma with rice & nann bread	Roast pork with roast potatoes & vegetables	BBQ chicken with rice & vegetables	Battered fish with chips & peas	
<b>Meat-free meal (green band)</b>	Spaghetti with quorn bolognese & garlic bread	Quorn korma with rice & nann bread	Vegetable bake with roast potatoes	BBQ quorn fillets with rice & vegetables	Quorn dippers with chips & peas	
<b>Pasta pot (orange band)</b>	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	Pasta with nut-free pesto & optional cheese	Pasta with tomato sauce & optional cheese	
<b>Jacket potato (blue band)</b>	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	Jacket potato with a choice of toppings	
<b>Dessert</b>	Marble cake	Crunchy chocolate biscuits	Blackberry crumble & custard	Raisin flapjack	Waffles & raspberries	

<b>TOPPINGS</b>	Jacket potato toppings: baked beans, tuna mayonnaise, coleslaw, grated cheese
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<b>ALSO AVAILABLE</b>	Salad bar, bread, fruit, yoghurt and milk
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