



## **School Health Virtual Drop-in for Parents and Carers**

The School Health Virtual Drop-in is an opportunity for you to speak with the School Health Team about your child's emotional or physical health and receive advice, support and, where appropriate, signposting and referral to other services.

**The areas covered are: daytime/night-time wetting, soiling, nutrition and healthy lifestyles, behaviour, emotions, language development, and sleep.**

We are offering a virtual and confidential appointment with a member of the School Health Team on Monday 7<sup>th</sup> June from 9:00 – 10:30 am. Appointments will last for 10 minutes and are for one child. If you would like to discuss more than one child, please book a separate appointment for each.

Contact the School Health Team directly by email to book an appointment:  
[ku19-schoolhealth@yourhealthcare.org](mailto:ku19-schoolhealth@yourhealthcare.org)

Please include the following information:

- Your child's name
- Your child's date of birth
- Your child's school

If you are unable to access the Drop-in or have any other health related questions, please contact the School Health Team via email or by telephone on 020 8549 6323.



MAYOR OF LONDON