

### **SCHOOL LUNCH MENU: SUMMER 2021 - SECOND HALF TERM**

WEEKS 1, 4 & 7	7th & 28th June, 19th July				
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal (pink band)	Beef chilli tacos with rice	Pizza with salad	Chicken sausage with mash and beans	Steak bake with vegetables	Fish fingers with wedges and peas
Meat-free meal (green band)	Quorn chilli tacos with rice	Pizza with salad	Veggie sausage with mash and beans	Cheese and onion bake with vegetables	Veggie fingers with wedges and peas
Pasta pot (orange band)	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese
Jacket potato (blue band)	Jacket potato with tuna mayonnaise	Jacket potato with grated cheese	Jacket potato with baked beans	Jacket potato with grated cheese	Jacket potato with baked beans
Dessert	Carrot cake	Apple flapjack	Vanilla slice	Chocolate and orange sponge cake	Strawberry ice cream

WEEKS 2 & 5	14th June & 5th July				
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal (pink band)	Pasta with beef meatballs in tomato sauce and garlic bread	Chicken wraps with rainbow salad	Sweet and sour lamb with rice	Roast beef with yorkshire pudding and roast potatoes	Battered fish with chips and beans
Meat-free meal (green band)	Pasta with veggie soya balls in tomato sauce and garlic bread	Quorn wraps with rainbow salad	Cheese and tomato quiche with salad	Beany bake with potatoes	Veggie burger with chips and beans
Pasta pot (orange band)	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese
Jacket potato (blue band)	Jacket potato with tuna mayonnaise	Jacket potato with grated cheese	Jacket potato with baked beans	Jacket potato with grated cheese	Jacket potato with baked beans
Dessert	Blueberry muffins	Chocolate and fudge brownie	Fruit cookie biscuit	Marble cake	Waffles with raspberries

WEEK 3 & 6	21st June & 12th July				
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal (pink band)	Spaghetti with beef bolognese and garlic bread	Chicken and vegetable risotto	Lamb shepherds pie with vegetables	Beef burger in a bun with salad and slaw	Fish cakes with potato croquettes
Meat-free meal (green band)	Spaghetti with quorn bolognese and garlic bread	Vegetarian risotto	Vegetarian shepherds pie with vegetables	Macaroni cheese with vegetables	Veggie nuggets with potato croquettes
Pasta pot (orange band)	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese	Pasta with nut-free pesto and optional cheese	Pasta with tomato sauce and optional cheese
Jacket potato (blue band)	Jacket potato with tuna mayonnaise	Jacket potato with grated cheese	Jacket potato with baked beans	Jacket potato with grated cheese	Jacket potato with baked beans
Dessert	Apricot cookies	Fruit jelly	Tutti fruit sponge	Lemon drizzle cake	Pancakes served with strawberries

- All meals are served with fresh seasonal vegetables on the side if not incorporated in the dish
- A mixed salad bar, a selection of fruits and a bread basket are available every day
- Yoghurts are available as an alternative dessert
- Semi-skimmed milk is offered as an optional drink