

SCHOOL LUNCH MENU - AUTUMN 2020 - SECOND HALF TERM

WEEKS 1, 4 & 7 w/c 2 Nov, 23 Nov & 14 Dec	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Beef lasagne with garlic bread	Veggie quorn lasagne with garlic bread	Pasta with tomato sauce and optional cheese	Jacket potato with tuna mayonnaise	Lemon drizzle cake
TUESDAY	Pork sausage with mashed potato and peas	Red onion and rosemary sausage with mashed potato and peas	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Raisin flapjack
WEDNESDAY	Cheese & Tomato Pizza with salad	Cheese & Tomato Pizza with salad	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Chocolate chip cookies
THURSDAY	Breaded chicken with vegetable rice	Breaded quorn with vegetable rice	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Carrot cake
FRIDAY	Fish fingers with curly fries and beans	Quorn dippers with curly fries and beans	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Waffles

WEEKS 2 & 5 w/c 9 Nov & 30 Nov	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Spaghetti with beef bolognese and garlic bread	Spaghetti with quorn bolognese and garlic bread	Pasta with tomato sauce and optional cheese	Jacket potato with tuna mayonnaise	Chocolate fudge brownie
TUESDAY	BBQ chicken with rice and vegetables	BBQ quorn with rice and vegetables	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Apricot biscuits
WEDNESDAY	Pork stir fry with noodles	Vegetable stir fry with noodles	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Vanilla ice cream
THURSDAY	Lamb shepherd's pie with vegetables	Vegetarian shepherds pie with vegetables	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Blueberry muffins
FRIDAY	Fish cake with potato wedges and peas	Cheese & onion puff with potato wedges and peas	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Pancakes and strawberries

WEEK 3 & 6 w/c 16 Nov & 7 Dec	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Pasta with beef meat balls in tomato sauce and garlic bread	Pasta with veggie soya balls in tomato sauce and garlic bread	Pasta with tomato sauce and optional cheese	Jacket potato with tuna mayonnaise	Fruity flapjack
TUESDAY	Chicken burger in a bun with crunchy salad	Veggie burger in a bun with crunchy salad	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Lemon shortcake
WEDNESDAY	Sausage roll with mashed potato and beans	Veggie roll with creamy mash and beans	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Cheese and biscuits
THURSDAY * 10th Dec- Christmas Lunch/17th Dec - Class Christmas Party	Roast chicken with roast potatoes	Quorn fillet with roast potatoes	Pasta with nut-free pesto and optional cheese	Jacket potato with grated cheese	Chocolate chip sponge cake
FRIDAY	Fish and chips with peas	Macaroni cheese with vegetables	Pasta with tomato sauce and optional cheese	Jacket potato with baked beans	Ice cream

- All meals are served with fresh seasonal vegetables on the side if not incorporated in the dish
- A mixed salad bar, a selection of fruits and a bread basket are available every day
- Yoghurts are available as an alternative dessert
- Semi-skimmed milk is offered as an optional drink