SCHOOL LUNCH MENU: SPRING 2020 - SECOND HALF TERM

| WEEKS 1 \& 4 <br> w/c 24 Feb \& 16 Mar | Main meal (pink band) | Meat-free meal (green band) | Pasta pot (orange band) | Jacket potato (blue band) | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | Beef Lasagne with garlic bread | Veggie quorn lasagne with garlic bread | Pasta with tomato sauce and optional cheese | Children can have a choice of toppings:baked beans, tuna mayonnaise, coleslaw, grated cheese | Orange drizzle cake |
| TUESDAY | Bbq chicken fillet with corn on the cob | Bbq corn fillets with corn on the cob | Pasta with nut-free pesto and optional cheese |  | Homemade cookies |
| WEDNESDAY | Roast pork with Yorkshire puddings, roast potatoes and veg | Veggie sausage pattie, roast potatoes and veg | Pasta with tomato sauce and optional cheese |  | Vanilla ice cream |
| THURSDAY | Cheesy chicken pasta bake with broccoli and cauliflower | Mac and cheese with broccoli and cauliflower | Pasta with nut-free pesto and optional cheese |  | Apricot shortbread |
| FRIDAY | Fish cake with curly fries and peas | Veggie nuggets with curly fries and peas | Pasta with tomato sauce and optional cheese |  | Mandarine jelly |
| WEEKS 2 \& 5 |  |  |  |  |  |
| w/c 2 Mar \& 23 Mar | (pink band) | (green band) | (orange band) | (blue band) | Dessert |
| MONDAY | Pasta with beef meatballs in tomato sauce and garlic bread | Pasta with veggie soya balls in tomato sauce and garlic bread | Pasta with nut-free pesto and optional cheese | Children can have a choice of toppings:baked beans, tuna mayonnaise, coleslaw, grated cheese | Pear and vanilla sponge |
| TUESDAY | Chicken wraps with veg | Quorn and pepper wraps with veg | Pasta with tomato sauce and optional cheese |  | Lemon shortbread biscuits |
| WEDNESDAY | Beef burger in a bun with salad and slaw | Veggie pounder in a bun with salad and slaw | Pasta with nut-free pesto and optional cheese |  | Chocolate fudge cake |
| THURSDAY | Sausage roll with mash and gravy | Vegetarian sausage roll with mash and gravy | Pasta with tomato sauce and optional cheese |  | Cheese and crackers |
| FRIDAY | Jumbo fish finger with chips | Quorn frankfurter with chips | Pasta with nut-free pesto and optional cheese |  | Waffles with raspberries |


| WEEK 3 \& 6 <br> w/c 9 Mar \& $\mathbf{3 0}$ Mar | Main meal <br> (pink band) | Meat-free meal (green band) | Pasta pot (orange band) | Jacket potato <br> (blue band) | Dessert |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | Spaghetti with beef bolognese and garlic bread | Spaghetti with quorn bolognese and garlic bread | Pasta with tomato sauce and optional cheese | Children can have a choice of toppings:baked beans, tuna mayonnaise, coleslaw, grated cheese | Chunky pineapple cake |
| TUESDAY | Pork sausage in a bun with salad | Vegetarian sausage in a bun with salad | Pasta with nut-free pesto and optional cheese |  | Chocolate chip muffins |
| WEDNESDAY | Roast chicken with stuffing and roast potatoes | Vegetarian steak with roast potatoes | Pasta with tomato sauce and optional cheese |  | Flap jacks |
| THURSDAY | Chinese chicken with noodles | Vegetable sir fry with noodles | Pasta with nut-free pesto and optional cheese |  | Apple and blackberry crumble |
| FRIDAY | Breaded fish with wedges and peas | Cheese and onion slice with wedges and peas | Pasta with tomato sauce and optional cheese |  | Pancakes served with raspberries |

- All meals are served with fresh seasonal vegetables on the side if not incorporated in the dish
- A mixed salad bar, a selection of fruits and a bread basket are available every day
- Yoghurts are available as an alternative dessert
- Semi-skimmed milk is offered as an optional drink

