

Time out for parents



The primary years

Sessions for anyone parenting
children aged 5 to 11

'Positive parenting time out for parents' courses from 'Care for the Family' provide common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children aged 5 to 11, then Time out for parents' 'The Primary Years' is for you. Over six sessions, you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.



Starting on Thursday 27th February 2020

10.00am-12.00pm

The Moor Lane Centre, Moor Lane, Chessington,
KT9 2AA

The sessions

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| Session 1 | What being a parent's really like |
| Session 2 | Children's needs |
| Session 3 | Feelings and listening |
| Session 4 | Boundaries and parenting styles |
| Session 5 | Keeping children safe |
| Session 6 | Building strong families |

For more information and to book a place, please contact - **Karen Williams**

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