

SCHOOL LUNCH MENU: SPRING 2020 - FIRST HALF TERM

WEEKS 1 & 4 w/c 6 Jan & 27 Jan	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Beef lasagne with garlic bread	Veggie quorn lasagne with garlic bread	Pasta with tomato sauce and optional cheese	Children can have a choice of toppings:- baked beans, tuna mayonnaise, coleslaw, grated cheese	Tutti fruity sponge
TUESDAY	Mexican chicken wraps with rice and corn on the cob	Mexican vegetables wraps with rice and corn on the cob	Pasta with nut-free pesto and optional cheese		Fruity flapjacks
WEDNESDAY	Roast pork with roast potatoes and gravy	Vegetable goujons with roast potatoes and gravy	Pasta with tomato sauce and optional cheese		Winter apple crumble with custard
THURSDAY	Beef burger in a bun and crunchy salad	Vegetarian burger in a bun with crunchy salad	Pasta with nut-free pesto and optional cheese		Shortbread
FRIDAY	Battered fish with wedges and peas	Mac and cheese with vegetables	Pasta with tomato sauce and optional cheese		Waffles with raspberries

WEEKS 2 & 5 w/c 13 Jan & 3 Feb	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Pasta with beef meatballs in tomato sauce and garlic bread	Pasta with veggie soya balls in tomato sauce and garlic bread	Pasta with nut-free pesto and optional cheese	Children can have a choice of toppings:- baked beans, tuna mayonnaise, coleslaw, grated cheese	Carrot cake with custard
TUESDAY	BBQ chicken fillet served with rice and green beans	Cheese and onion puffs with green beans	Pasta with tomato sauce and optional cheese		Apricot cookies
WEDNESDAY	Roast beef with Yorkshire puddings	Quorn roast with Yorkshire puddings	Pasta with nut-free pesto and optional cheese		Chocolate fudge brownies
THURSDAY	Baked pork sausage mash with vegetables	Vegetarian sausage mash with vegetables	Pasta with tomato sauce and optional cheese		Blueberry muffins
FRIDAY	Fish cake with curly fries and beans	Southern flavoured veg nuggets with curly fries and beans	Pasta with nut-free pesto and optional cheese		Berry jelly

WEEK 3 & 6 w/c 20 Jan & 10 Feb	Main meal (pink band)	Meat-free meal (green band)	Pasta pot (orange band)	Jacket potato (blue band)	Dessert
MONDAY	Spaghetti with beef bolognese and garlic bread	Spaghetti with quorn bolognese and garlic bread	Pasta with tomato sauce and optional cheese	Children can have a choice of toppings:- baked beans, tuna mayonnaise, coleslaw, grated cheese	Marple cake
TUESDAY	Chicken and vegetable pie with mash	Winter vegetable pie with mash	Pasta with nut-free pesto and optional cheese		Blackberries and apple pie with custard
WEDNESDAY	Pork toad in the hole with vegetables and gravy	Red onion and rosemary sausage vegetables and gravy	Pasta with tomato sauce and optional cheese		Strawberry ice cream
THURSDAY	Garlic breaded chicken fillets with vegetable rice	Garlic breaded quorn with vegetable rice	Pasta with nut-free pesto and optional cheese		Chocolate chip flapjacks
FRIDAY	Fish fingers with chips and peas	Vegetable burger in a bun with chips	Pasta with tomato sauce and optional cheese		Pancakes served with strawberries

- All meals are served with fresh seasonal vegetables on the side if not incorporated in the dish
- A mixed salad bar, a selection of fruits and a bread basket are available every day
- Yoghurts are available as an alternative dessert
- Semi-skimmed milk is offered as an optional drink