

### Year One

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Dear Parents and Carers,

We cannot believe we are already at half term. We have finished on a fantastic note with Wellness Week. All the children have thoroughly embraced the activities and have had a fun week. Also a big well done to Foxglove class who did an amazing assembly on Thursday! We wish you all a relaxing half term break and look forward to seeing you back on Monday 3<sup>rd</sup> June.

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#### Healthy Eating Workshop:

On Tuesday the children took part in a healthy eating workshop. The children learnt the importance of eating healthily, the sugar content in popular foods and how to keep their teeth healthy.

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#### Physical Education:

The children have taken part in a 'Let's Play' workshop focusing on football skills. The children also had a Multi Skills workshop where they played some fun team games.

We had a great time at Sports Day, everyone tried their best and we were really proud of them.

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**Topic:** In D&T this week we have made some Tudor food for our Tudor Banquet! The children all made Tudor knot biscuits and Milk Jelly using recipes from Tudor times. We were really impressed with the children's collaboration when cooking. Well done!

We've enjoyed some calm time in class doing some meditation - continue to practice at home and see how still you can be. Look up Cosmic Kids Peace Out on You Tube.

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#### Phonics:

Mrs Torres and Mrs Aurelius/ Mrs Rodrigues Revising phase 4 blends.

Miss Taylor: Revising phase 5 sounds.

Keep up your phonics practice over the holidays ready for the phonics screening w/c 10<sup>th</sup> June

Use your LGFL login to access busy things and espresso to play some phonics games focusing on phase 5 sounds.



#### Deputy Headteacher's Award

##### Cornflower

Levi

Alice JC

##### Foxglove

Toby D

Zahraa

##### Lavender

Megan

Ella