



More people cycling, more safely, more often!

SUMMER HOLIDAYS 2018

Free training for children from Year 5 and above who live or attend a school in Kingston or Sutton

Bikeability LEVEL 1 & 2 Courses

➔ **10.00 – 12.00. Various venues in Kingston and Sutton**

This week-long course introduces cycling on quiet residential roads.

Training includes:

■ **Bike checks** ■ **Control skills** ■ **On-road cycling** ■ **Highway Code**

Go here to book: www.kingston.gov.uk

Advanced Bikeability LEVEL 2 / LEVEL 3

➔ **AM or PM. We come to you**

A 2 hour one-to-one session aiming to give young cyclists the ability to do road journeys independently. Two trainees can share the session. Only suitable for Level 2 achievers in Year 6 or above.

Training may include:

■ **Route planning** ■ **Roundabouts** ■ **Traffic lights** ■ **Main roads**

Email sustainable.transport@kingston.gov.uk

All enquiries

sustainable.transport@kingston.gov.uk

020 8547 5826

