

Skipping Workshops invite you to:

THE BIG SKIP FEST 4!!

Tuesday 29th May

Holy Cross Catholic High School, Sandal Rd., New Malden, KT3 5AR

Following the success of our 'Big Skip Fest' events last year, we are planning another very similar day during the forthcoming half-term holiday. This promises to be an exciting day for anyone interested in skipping, from complete beginners to advanced skippers. The day will include opportunities to learn new skills in individual skipping, partner work (including Chinese wheel), long rope games and double dutch. For more experienced skippers there will be a range of competitions too. Tuition will be provided by coaches from Skipping Workshops as well as by members of the Bouncers Skipping Club.

The day includes a morning session (from 10.00am – 12.00noon) and an afternoon session (from 1.00pm – 3.00pm).

The cost is £6 for a half-day session or £10 for those attending all day.

Registration: there's no need to register in advance. If you are coming to the morning session (or staying all day) please arrive in the Sports Hall between 9.45 & 9.55, ready for the mass warm up which will start promptly at 10.00am. If you are coming for the afternoon session, please arrive between 12.45 & 12.55 ready for the 1.00pm start.

All skipping ropes will be provided, but children are welcome to bring their own rope if they prefer. Children coming all day do need to bring a packed lunch & all children need to bring a water bottle with them. *For more information, please contact Harry Galley.....077218 43297 info@skipping-workshops.co.uk*