

#### **EASTER HOLIDAYS 2018**

Free training for children in Year 5 and above who live or attend a school in Kingston or Sutton

# **Bikeability Level 1 & 2 Courses**

→ 10.00 – 12.00. Various venues in Kingston and Sutton
This week-long course (depending on numbers) introduces young cyclists to riding on quiet residential roads.

### Training includes:

■ Bike checks ■ Control skills ■ On-road cycling ■ Highway Code

# **Advanced Bikeability Level 2 / Level 3**

### → AM or PM. We come to you

A <u>2 hour one-to-one session</u> aiming to give young cyclists the ability to make road journeys independently. Two trainees can share the session. Only suitable for Level 2 achievers in Year 6 or above.

### Training may include:

■ Route planning ■ Roundabouts ■ Traffic lights ■ Main roads

### **Enquiries**

